

Helpful Web Sites

1. National Center for Chronic Disease Prevention & Health Promotion
www.cdc.gov/aging
2. National Association of Area Agencies on Aging
www.n4a.org/cap.cfm
3. AARP Health Guide
www.aarp.org/health/healthguide
4. Elder Care Online
www.ec-online.net
5. Medicare (Official U.S. Government Site for people with Medicare)
www.medicare.gov
6. National Institute of Senior Health
www.seniorhealth.gov
7. Arthritis Foundation
www.arthritis.org
8. American Heart Association
www.americanheart.org
9. National Osteoporosis Foundation
www.nof.org
10. American dietetic Association
www.eatright.org
11. Administration on Aging
www.aoa.dhhs.gov/
12. National Center on Elder Abuse
www.elderabusecenter.org
13. Center for Healthy Aging
www.centerforhealthyaging.org
14. Information on Meal Programs
www.mealcall.org
15. Senior Magazine
www.seniormag.com
16. American Cancer Society
www.cancer.org
17. U.S. Food and Drug Administration (information for older individuals)
www.fda.gov/oc/olderpersons/
18. American Federation for Aging Research
www.infoaging.org/
19. Solutions for Better Aging
www.agenet.com